

A photograph of a Black man in a light blue t-shirt standing in a bathroom. He is looking down at his hands, which are resting on a white sink. On the fingers of both hands, the word 'JUST' is tattooed in green ink. The background is slightly blurred, showing a shower area and a towel hanging on a rack.

“Just a bit
of blood”

Just contact your GP practice

If you've seen **blood in your pee** – even just once, or had **tummy trouble** such as **discomfort or diarrhoea for three weeks or more**, it could be a sign of cancer. It's probably nothing serious, but finding cancer early makes it more treatable.

Your NHS wants to see you.
nhs.uk/cancersymptoms



Clear on
cancer

Help us
help you